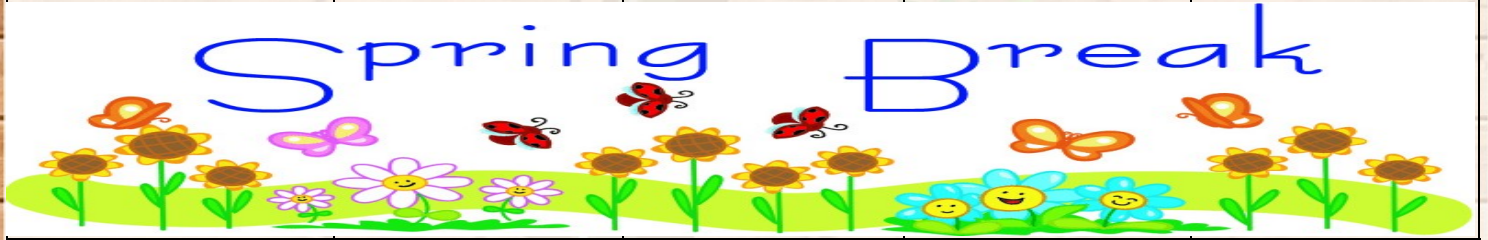




Liberty Breakfast & Lunch Menu March 2023
 Name: _____

Meatless Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		WG Pop Tart Orange Chicken w/ Brown Rice	Banana Bread Chicken Drumstick w/ Roll	Bagel & Cream Cheese Asian Meatball w/ Brown Rice
6	7	8	9	10
UBR Spaghetti w/ Marinara Sauce (V)	Benefit Bar Crispy Chicken Sandwich	Banana Mini Loaf w/ Grahams Teriyaki Beef Dipper w/ Brown Rice	Concha Chicken Tenders w/ Roll	WG Pop Tart Cheese Quesadilla (V)
13	14	15	16	17
Strawberry Mini Bagel Macaroni and Cheese (V)	Apple Frudel Turkey Ham & Cheese Sub	WG Pop Tart Orange Chicken w/ Brown Rice	Banana Bread Chicken Drumstick w/ Roll	Bagel & Cream Cheese Cheeseburger w/ Fries
20	21	22	23	24
UBR Galaxy Cheese Pizza (V)	Benefit Bar Corn Dog	Banana Mini Loaf w/ Grahams PB&J w/ String Cheese (V)	Concha Cheesy Pull Apart Bread (V)	WG Pop Tart Bean and Cheese Burrito (V)
27	28	29	30	31



Fat Free chocolate milk and 1% unflavored milk are offered everyday.
 You must select at least half cup fruit or vegetable, you may take more.
 All Meals are offered at NO COST to ALL students. Menu subject to change.
 Limit of one of each meal per day per student, please.

This institution is an equal opportunity provider.